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MICHIANA

WELLNESS & LONGEVITY CLINIC

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Dear Patients & Friends:

All too often it's the practitioner who gets all the information about the patient, and the patient gets little information about the practitioner and his or her practice. I would like to change that.

My full name is William James Lyden and I was born in Chicago, IL. I went to Southwest Minnesota State University and graduated in 1978 with a B.A. in Mathematics and Interdisciplinary Science (Chemistry, Physics, & Biology). I became a carpenter for several years, then I attended chiropractic college at Northwestern Health Sciences University in Bloomington, MN, and graduated in August 1985. My wife, Ronda, and I could not get pregnant after 6 years of trying and we were helped with NeuroEmotional technique (NET), a method which I now utilize in my practice. We now have 2 beautiful, healthy and happy young men, Jackson 22, now an electrician, and Parker 21, studying Environmental Engineering. I practiced for 20 years in Minnesota (Minneapolis/St. Paul) before we moved to the Michiana area in 2004 to be closer to our extended family (my wife grew up in Buchanan, MI). In my spare time, I like to organic garden and spend time with my sons.

I was originally inspired to be a healing practitioner because holistic chiropractic was the only profession I knew of that could integrate all parts of myself in my work - it challenged my mind, and it felt right in my heart that I could make a difference the world. I've chosen to devote my life to the healing arts because I love helping people discover their true selves and regain their health through the power within and natural God given remedies.

I am grateful that I did so because I feel humbled to be in the presence of a human being discovering who they are and that they have the power to heal themselves (with some coaching). I believe with all my heart in the principles of alternative healing, which means the power that made the body can heal the body and nature provides all that we truly need.

I believe with all my heart in *how* I practice and always strive to improve it. I believe I give an excellent service for a fair fee. My desire is to help as many people as possible. I want you to refer and continue to refer patients to me because I love to help people find out who they really are and what they need to achieve their goals in health and in life. I am committed and persistent in helping you find the answers you need for your health challenges.

I established this clinic in the Michiana area because I sensed that there was a desire for this type of cutting-edge health care. Every week or two I have someone thank me for coming here because there is no one else doing this kind of work here. The whole purpose of this clinic is to help you discover what you need to do (or stop doing) in order to reach your desired health goals. What seems to make this practice unique is that we are committed to working as a team with you to create an integrated approach to support your individual needs. My personal promise to you is that I will help you discover the answers to your health challenges or refer you to someone I think can help you.

Yours in Health,

Dr. William Lyden

CHIROPRACTIC PHYSICIAN•APPLIED KINESIOLOGY•NEURO-EMOTIONAL TECHNIQUE (NET)
FIRST LINE THERAPY™•DETOXIFICATION•WEIGHT MANAGEMENT•MENOPAUSE TYPE™ TESTING
DIGESTIVE, ALLERGY & IMMUNE DISORDERS•HEALTH COACH•VITAMIN COUNSELING